


BOOT CAMP METHODOLOGY

Original version



**"BOOT CAMP:
YOUR FUTURE IS
ABOUT TO BEGIN"**



WHAT IS "BOOT CAMP"?

- **RESIDENTIAL YOUTH CAMP:** DEDICATED TO EDUCATIONAL AND PROFESSIONAL ORIENTATION OF YOUNG PEOPLE AGED 12 TO 18.
 - IT IS CHARACTERIZED BY FORMATIVE, **EXPERIENTIAL AND NON-FORMAL ACTIVITIES:** COMPANY VISITS, MEETINGS WITH EXPERTS/PROFESSIONALS, SOCIALIZATION OPPORTUNITIES.
 - IT IS REALISED BY MARGHERITA SOCIETÀ COOPERATIVA SOCIALE IN **COLLABORATION WITH** COMPANIES, COOPERATIVES, ARTISANS, DIFFERENT KIND OF PROFESSIONALS.
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MAIN GOALS

01 - INCREASE YOUNG PEOPLE'S ABILITY TO RECOGNIZE THEIR OWN SKILLS AND APTITUDES.

02 - HELP YOUNG PEOPLE ACQUIRE SOFT SKILLS AND AUTONOMY.

03 - ENHANCE THE VALUE OF GROUP DYNAMICS AND SOCIAL RELATIONSHIPS.

04 - INCREASE KNOWLEDGE ON THE ECONOMIC AND WORK REALITIES OF THEIR OWN CONTEXT.

05 - OFFER A EUROPEAN PERSPECTIVE WITH A BROADER OUTLOOK.

06 - PRESENT A DIFFERENT PERSPECTIVE ON DIGITALIZATION AND SUSTAINABILITY.

TARGET GROUPS



*Middle school
students, aged
between 12 and 14
years old*

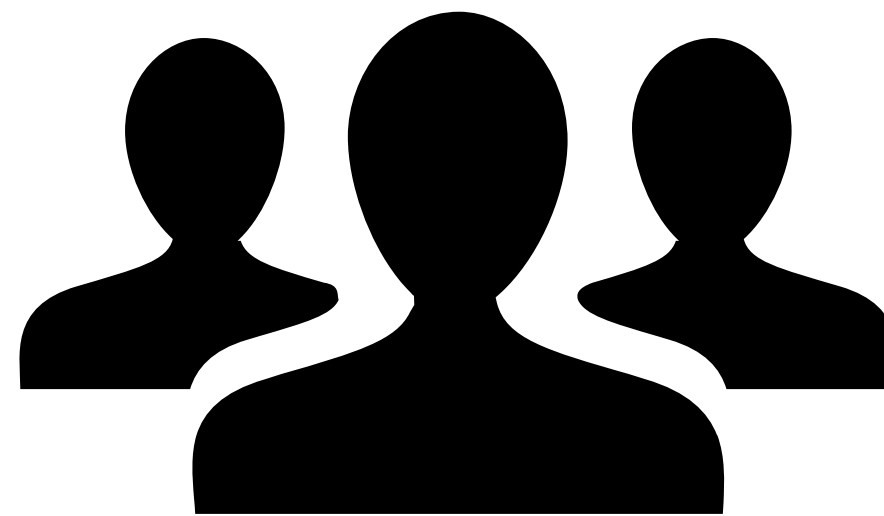


*High school
students, aged
between 15 and 18
years old*

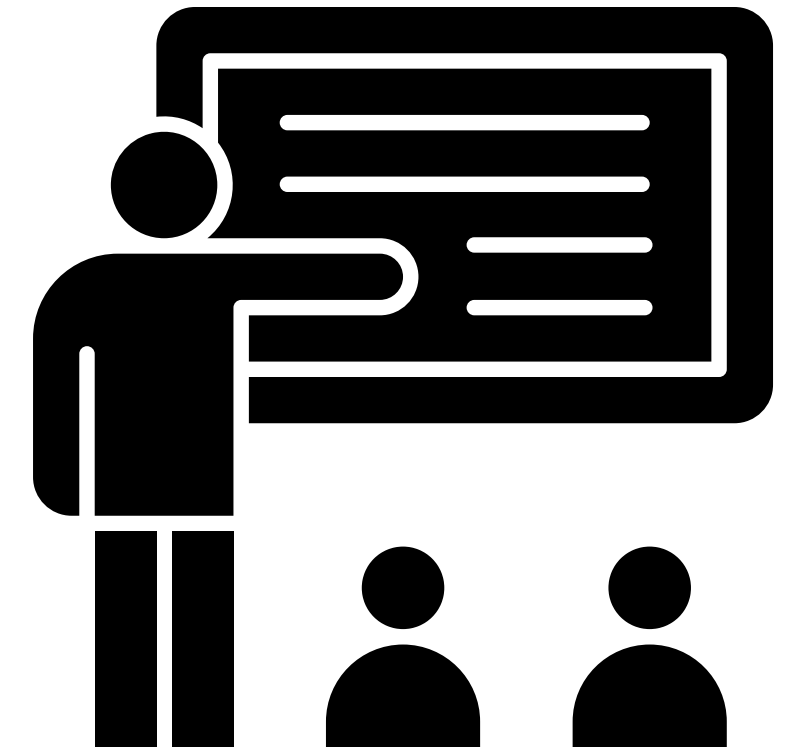
FEATURES



RESIDENTIAL APPROACH:
YOUNG PEOPLE ARE HOSTED
FOR 6 DAYS IN A SUITABLE
FACILITY WITH EDUCATORS



GROUP COMPOSITION:
1 GROUP PER AGE RANGE WITH
13 YOUNGSTERS EACH



ACTIVITIES:
PLANNED BY SPECIALIZED
EDUCATORS (2:13).
SUMMER/WINTER EDITION

ACTIVITIES

In general, the activities that are carried out are:

**UNDERSTANDING
VOLUNTEERING:**
TASKS WITH VOLUNTEERS FROM
'NATIONAL CIVIL SERVICE' AND
'EUROPEAN SOLIDARITY CORPS'

WORKSHOPS:
EXPERIENCE THE WORK OF
ARTISANS AND LOCAL
PRODUCTION COMPANIES -
SIMULATIONS AND BUSINESS
STORYTELLING

**PRACTICAL PEER LABS TO
UNDERSTAND MANUAL
SKILLS:**
CERAMICS LABS, WOOD
RESTORATION LABS

MEETINGS:
PROFESSIONALS FROM VARIOUS
SECTORS FOR UNDERSTANDING
THEIR WORK AND GROWTH
EXPERIENCES

**SOCIALIZATION MOMENTS
AND FREE TIME:**
BOARD GAMES, CINEMA, MEAL
PREPARATION TOGETHER

TRAININGS:
TO ENHANCE TRANSVERSAL
SKILLS AND SELF-KNOWLEDGE

ACTIVITIES

The structure and typical days are usually organized in this way (example):

The unmarked 30 minutes can be considered as the time for travelling from one place to another.

TIME	ACTIVITIES
7.15–8.30	WAKE UP AND BREAKFAST
9.00–13.30	VISIT TO THE 'BENINCÀ' COMPANY AND LUNCH AT THE COMPANY
14.00–16.30	VISIT TO 'RIZZATO' BAKERY AND PRACTICAL WORKSHOP
17.00–19.00	MEETING WITH AN EXPERT IN THE DESIGN OF SOCIAL SERVICES
19.30–22.30	DINNER AND EVENING TOGETHER: MEAL PREPARATION, GAMES, FREE TIME
22.30–23.00	CLOSURE

IMPLEMENTATION PHASES

Definition of the weekly schedule:

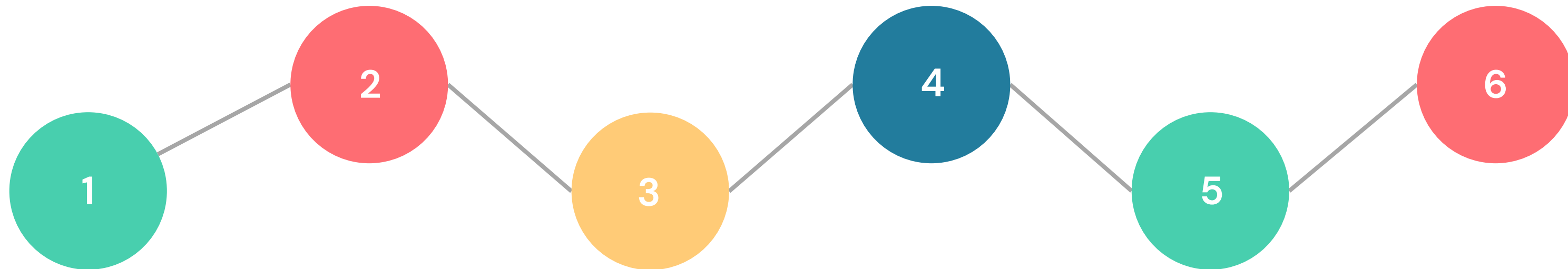
Schedule of outings, kind of workshops, educator shifts, accommodation structure, meal management

Main event:

Implementation of the week of activities

Follow-up:

Monitoring meeting with the youth to present the results, review the experience, and gather ideas for the next event



Research and identification:

External entities (cooperatives, companies) and professionals (artisans, artists, entrepreneurs)

Communication and dissemination:

Social media posts, flyers in schools, public entities and places frequented by youth, introductory meeting for parents and young people

Conclusion:

Collecting feedback and impressions through a satisfaction questionnaire for youth.

IDEAS IN THE GREEN/ENVIRONMENTAL SECTOR

**VISITS TO
FAIR TRADE
SHOPS**

**VISITS TO
ECO-
CENTER FOR
RECYCLING**

**MEETINGS WITH
ETHICAL
MARKETING
EXPERTS**

**MEETINGS WITH
RESEARCHERS:
DATA,
STATISTIC,
SUSTAINABLE
FUTURE**

**WORKSHOPS
WITH LOCAL
EXPERTS FOR
ACTIVITIES IN
GREEN SPACES**

**COLLABORATION
WITH
COOPERATIVES
THAT WORK ON
THE USE-REUSE-
RECYCLING CYCLE
TO TRANSMIT
THIS KNOWLEDGE**

**VISITS TO BIO-
CONSTRUCTION
COMPANIES**

**MEETINGS WITH
GEOPOLITIC
EXPERTS TO
UNDERSTAND
THE COMPLEXITY
OF THE WORLD**


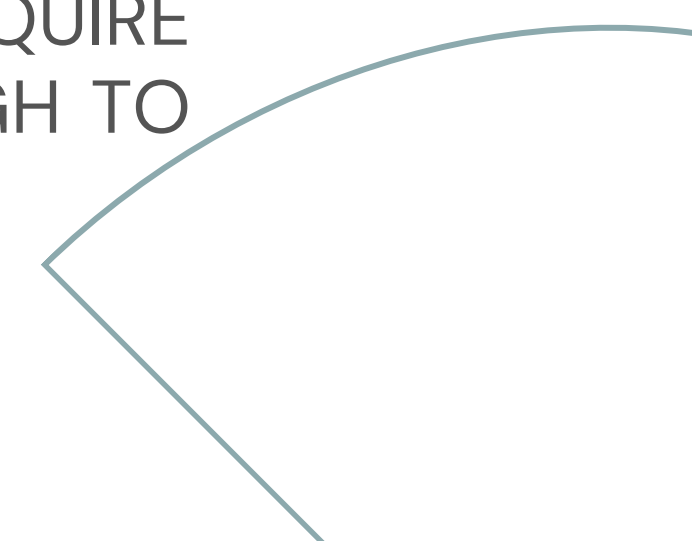
**REFLECTION
SESSIONS WITH
EXPERTS ON "WHERE
DOES MY FOOD COME
FROM?", "WHERE
DOES MY CLOTHING
COME FROM?"**

**LOCAL
ASSOCIATIONS
WITH
EXPERTISE IN
CLIMATE
CHANGE**



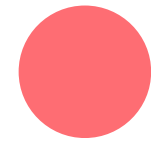
PRACTICAL TIPS



- **DISSEMINATE** THE ACTIVITY/EVENT TO SCHOOLS AND LOCAL PUBLIC ADMINISTRATIONS.
 - KEEP A **RATIO OF STAFF** TO YOUTH OF '2:13' OR AT MOST '2:15'.
 - FOR **FACILITIES HOSTING YOUNG PEOPLE**, ASK PUBLIC ENTITIES SUCH AS MUNICIPALITIES TO OBTAIN DISCOUNTED PRICES. LOCATION ACCESSIBLE BY PUBLIC TRANSPORT OR BICYCLE/FOOT.
 - SEEK SUPPORT FROM **LOCAL BUSINESSES, PROFESSIONALS AND UNIVERSITIES** TO MINIMIZE THE NEED FOR LARGE FINANCIAL CONTRIBUTIONS.
 - THE ORGANIZATION RUNNING THE BOOT CAMP DOES NOT REQUIRE SIGNIFICANT **HUMAN RESOURCES** BECAUSE THE YOUTH ARE OLD ENOUGH TO NOT REQUIRE MANAGEMENT IN VERY SMALL GROUPS.
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REFERENCE LITERATURE

DIMENSION OF GROUP



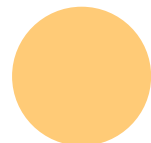
Education is understood as co-education and the creation of an environment conducive to growth, where "nobody educates anybody, nobody educates themselves alone. Men educate each other with the mediation of the world" (P. Freire, *La pedagogia degli oppressi*, EGA, Torino, 2002).

LIFE-LONG LEARNING



Skills, knowledge, attitudes, and behaviors that individuals acquire through their daily experiences, and cross-cutting skills (Carvalho et al., 2022). It helps individuals achieve many goals: actively participating in civic life, leading a more sustainable lifestyle, improving well-being and health. Additionally, it benefits society by encouraging community activities (Laal et al., 2012).

DIMENSION OF DOING



Actions appear to be the most effective mode of learning. Doing does not guarantee the development of skills, but it is an essential condition. Without concrete action, knowledge cannot be situated and take the forms of competence – Piergiorgio Reggio (pedagogue, educator, and researcher at the Catholic University).

YOUTHS TESTIMONIALS

**“A group of young people
committed to experiencing
things together”**

“An experience to grow”

**“A formative experience where
you make friendships”**

**“It was an opportunity to enter
the world of work”**



CONTACTS



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